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Links

www.utaharts.org
connecting you to art

www.timwilsonglassart.com
View the Co-founder Tim Wilson's art

www.usautism.org
US Autism & Aspergers Association

Upcoming Events in Utah

www.carmenbpingree.com
November 7th-8th 8:30-2:30 Pingree school Fall Parent Conference Contact Marin at (801) 581-0194

www.autismaccess.com
Nov. 9th & 10th Spotlight on Autism Conference @ Larry H. Miller Salt Lake Community College Campus 9750 South 300 West, Sandy

www.marblesformiracles.org
Nov. 17th Location TBA 2nd Annual Royal Food Fight Fundraiser

Contact Us

<http://www.marblesformiracles.org>

brooke1@marblesformiracles.org

tim1@marblesformiracles.org

Topics for Upcoming Newsletters

*Diet change the first steps

Services you are entitled to

Alternative therapies

Halloween Ideas

Happy Halloween to All

As we prepare for the "trick or treating" loads of candy and most likely more than one melt down in the days leading up to Halloween, let's remember the kids just want to have fun. I asked my son about a month ago "what do you want to be for Halloween?" "A GHOST," he yells and starts going "OOOOOOHHHHHHHHHH" trying to scare me. This coming from the same little boy who had a meltdown tonight when his sister turned the light off because it was too scary.

He does understand the concept of Halloween, so we will go with that.

In today's day and age, the case of door to door trick or treating is almost non existent. There are many "trunk or treats" where people gather, school functions, carnivals and parties. Remaining in a familiar environment with people you know can minimize the anxiety that will come from seeing everyone differently in costume. Also going earlier may be the best idea, you no longer have to wait until it gets dark, go before dinner and stay close to home incase it doesn't work out, then the others in your party can continue and someone can still go home.

For children who do not have the ability, due to lack of motor skills, to carve a pumpkin, buy one of the books that have the stencils, cut the trace lines out and let the child paint the stencil on the pumpkin.

Autism Council of Utah

Their Mission: The Autism Council of Utah is an independent council working to foster collaboration, communication, and learning among families and agencies. Our aim is to promote access to resources and responsible information for individuals of all ages who have, or are affected by autism, or related conditions. The Council will accomplish this by supporting statewide partnerships to collaborate on special projects, research, and training.

The Autism Council of Utah offers resources, treatments, school services, training, government relations, general information about autism, and more. In October they will hold their bi-annual meeting of all members which is a great opportunity to get involved with other parents, professionals and families living with autism.

For more information or to become a member of the council please visit their website at www.autismcouncilofutah.org.

Education options

Stress relief for parents

*Support groups for family

Organic food choices

GFCF, SCD, LOD Which diet does your child need.

Going GFCF

DAN! Doctors

Biomedical treatments

Supplements

Speech therapy

Occupational Therapy

The Star Program

Floortime

Hyperbaric Oxygen Treatments

*Coping with OCD

Setting a routine in place to benefit child and family

IEP process

GI issues the minds connection

Environmental Toxins

*Sibling Issues

Music Therapy

Sensory Integration

Melatonin

*Toilet Training

Bullying

Aggression

Total load theory

**Covered in past issues*

Alternative Tricks or Treats

Just in time for the ghost and goblins and before they come a knocking, some suggestions for treats you may hand out on Halloween night. Homemade is out of the question for handing out at your door and some public events but if going to events (other than public schools functions*) bring those homemade goodies. Below are some alternatives as well as special diet accommodations to the traditional candy which is why I am almost positive a dentist created Halloween (a little job security for himself).

- Fruit Leather or 100% juice fruit snacks (some are GFCF)
- Skittles (GFCF)
- Swedish Fish (GFCF)
- Popcorn – miniature individual bags
- Small toy figures such as animals (caution choking hazard)
- Sucker's (many can be found for GFCF diet)
- Glow Sticks

Please be safe and have a Happy Halloween

* Please coordinate with teachers what is and is not allowed within your particular district.

Upcoming Event



2006 Marbles for Miracles
Food Fight

King and Queen

King ~ Corey Tadd

Queen ~ Brandi Sabey

Mark your Calendars!

2nd Annual Food Fight

November 17th 2007

This year we will do more than just throw food. There will be a silent art auction including work from various local artists, a food drive to benefit local Salt Lake food banks. There will be raffles for awesome prizes, bring two cans of food or non perishable food for a free raffle ticket. (Raffle tickets will also be for sale at event)

Tickets just \$25.00 in advance or \$30.00 at the door

Visit our website gallery to see all the fun from the 2006 Food Fight. An event you do not want to miss! See you there!

All proceeds to benefit families affected by Autism.